

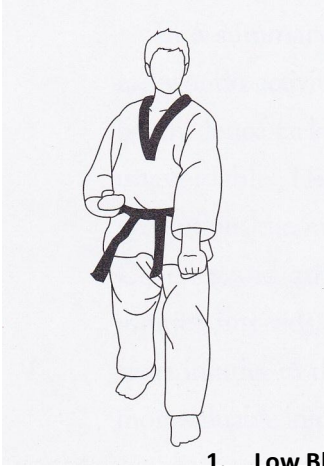


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1-10 Taegeuk Blocks



1. Low Block



2. Inside Middle



3. High Section



4. Outside Middle



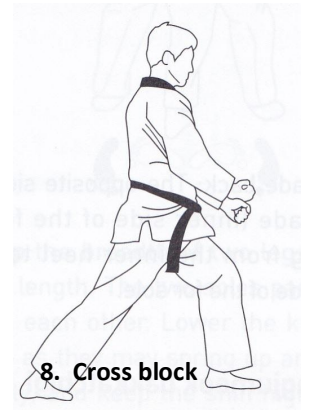
5. Single Knife



6. Middle Palm



7. Opening Block



8. Cross block



9. Scissors Block



10. Single Mountain

1-10 Taegeuk Punches

